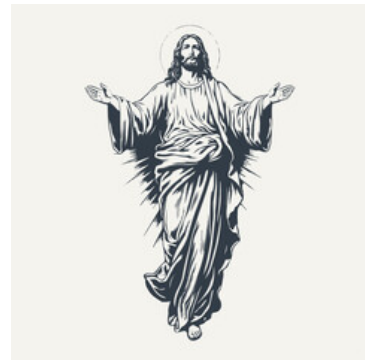


Love and Light / Easter Sangha

We often think of “love and light” as the ultimate goal, but it’s not where the journey begins. Transformation starts in the shadows, in the places we avoid, fear, or deny within ourselves. The light we seek isn’t separate from the darkness—it’s born from it.

It’s in the willingness to sit with our pain, our fears, judging ourselves and others and our shadow aspects that we find the strength to rise. This is the path of true growth, where we move beyond illusions and step into the wholeness of who we are. Only through the darkness can we truly understand and embody the light.

Jesus embodies all that we know spiritual light is and does. He shows us the way to go; he reveals the truth of our spiritual surroundings; he's the light from which we derive our very life. (John 14:6).



We ask that we may all merge into the grace of Divine Light and that we develop a sense of deep inner peace. This mantra calls to the Divine Spirit in our hearts and the hearts of all beings.

Om Namō Nārāyaṇāya / In the Light of Love (*Deva Prema & Miten*)

Om Namō Nārāyaṇāya
In the Light of Love, we are Whole.
In the Light of Love, we are Home.
In the Light of Love, we Heal and Sing.
Thy Will be Done, In the Light of Love.